



No. 68

**Running the Race**

Sept. 19, 2010

**"...Run in such a way that you may obtain it (imperishable crown)." (1 Cor. 9:24)**

**Dear friends,**

Mr. Wayne Oates wrote, "You can do nothing more spiritual than by maintaining your own physical health." Most Christians know that our bodies are the temple of the Holy Ghost. **(1 Cor. 6:19)**

Last Monday, while "high-tailing" it on our gym's treadmill, I tore the meniscus ligaments in my left knee (not to be confused with my right knee which I did the same to over two years ago). To reach my upstairs room, I had to crawl across the floor due to severe pain. Coupled with my recent "rotator cuff" injury, my sleeps are getting shorter.

But the Light grows brighter! Our gym is completed and we had our first aerobics session. Thirteen participants. Excellent and loved by everyone.

Four high school students have flunked at least one subject and the elementary have yet to receive their cards. To the dismay of some, no "flunkee" will be allowed to enter the gym until there's proof that they've raised their marks.

Just confirmed, my arrival date in Seattle, WA., is March 14 and my return to the P. is Oct. 14. Please feel free to write back and confirm a date for fellowship and sharing. Adam Hussey (ACTION's master videographer) will be arriving here this Wed. for a 3-day shoot. After twenty-five years in the P, I believe that in 2011, I'll be packing the best ammunition yet.

**PRAISES:**

1. For a successful operation on Julio's infected knee.
2. For a successful lens transplant in my right eye.
3. For a good month (Aug.) of \$ support.

**PRAYERS:**

1. For wisdom in choosing our 15<sup>th</sup> client.
2. For our "flunking" students to gain the motivation needed to succeed.
3. Continued \$ provision and prayer support (Warriors on the Walls).
4. For the Buchen's \$ to soon reach 100%.
5. For healing of my torn meniscus and rotator cuff.

**Thanks...in Christ,**

**Ron**